



Commuter Gripes Could Be Solved by Bike Week

As part of its preparations for Bike Week 2015 (running 13 – 21 June), the national cycling charity, CTC has found that almost half of Britain's commuters live within an 'easily cycle-able' distance from their place of work (0-5 miles away). If they aren't already enjoying a ride to work, CTC's survey responses suggest that millions of more commuters would feel much better for making the switch to cycling.

The latest YouGov research found that almost half of Britain's commuting adults live within 5 miles of their work place (47%).

Regularly mentioned gripes amongst non-cycling commuters were:

- Traffic and inconsiderate drivers: "Cars blocking junctions after the lights have changed".
- Buses not turning up: "Buses do not keep to schedule and often arrive in packs".
- Train cancellations and the rise and rise of rail fares: "trains being cancelled or delayed, not getting a seat but having to pay £15.00 a day to get to work"

Whilst those polled who are already cycling to work shared other commuters' annoyance at the condition of the roads (potholes) and inconsiderate road users, 27% of those that cycle to work said that nothing frustrated them about their commute.

Jonathan Sharpe, Bike Week Coordinator at CTC said "Our latest research makes a really a compelling case for cycling. It is easy to start your day on time, less burdened by traffic jams, and with money still in your pocket ready for a hearty lunch break – the answer is cycling to work".

Bike Week is set to get half a million people into the saddle this year. This latest research commissioned by CTC suggests that future Bike Week initiatives could reach into the millions. To find out more on how to beat the bustle by bike, you [can join the half a million taking part in Bike Week 2015](#).

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Notes to editors:

1. All figures, unless otherwise stated, are from YouGov Plc. Total sample size was 2,027 GB adults (of which 1,179 were commuting adults). Fieldwork was undertaken between 3rd-4th June 2015. The survey was carried out online. The figures have been weighted and are representative of all GB adults (aged 18+).
2. Bike Week 2015 runs 13 – 21 June 2015. For more information visit www.bikeweek.org.uk and follow us on <https://www.facebook.com/NationalBikeWeek> and https://twitter.com/Bike_Week (using the hashtag #BikeWeekUK)

3. Bike Week 2015 is delivered by CTC, the national cycling charity, in partnership with Cyclescheme and Love to Ride, as part of the European Union Intelligent Energy Programme. The project is also funded through Bike Hub, Cycling Scotland, and Travelwise Northern Ireland, and is supported by British Cycling, London Cycling Campaign, Sustrans, the Association of Cycle Traders and Cyclenation.
4. For further information on CTC, the UK's largest cycling charity, inspires and helps people to cycle and keep cycling, whatever kind of cycling they do or would like to do. Over a century's experience tells us that cycling is more than useful transport; it makes you feel good, gives you a sense of freedom and creates a better environment for everyone. These aims are to:
 - Provide expert, practical help and advice.
 - Support individuals and communities.
 - Protect cyclists' interests.
 - Campaign to make cycling mainstream and to remove the things that stop people cycling.
 - Help people develop the confidence and skills to cycle.
 - Promote the benefits of cycling to individuals, to society and to the economy.

www.ctc.org.uk